

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 16:00 untill 16:55. Teamleadmeeting @ 16:15 The listed starttimes are indicative!

Coaches: Vereecken Sven

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:20	
Heat: 3/3 Lane : 6 Athlete: DE VISSER SAM							Q-time: 04:16:51	
PB (25m pool): 04:11.75 Sinbad 23/07/2024				PB (50m pool): 04:18.60SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:11.75
								

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+							Heat:3, starttime: 17:30		
Heat: 3/3 Lane : 5 Athlete: MAES JULIE							Q-time: 00:31:71		
PB (25m pool): 00:31.71 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): 00:31.59SB: 00:31.71 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M		5 0 M						
PB			00:31.71						
			00:31.71						
									

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+							Heat:3, starttime: 17:30	
Heat: 3/3 Lane : 6 Athlete: WANTER ANN							Q-time: 00:33:16	
PB (25m pool): 00:32.07 Lier 25/05/2024				PB (50m pool): 00:32.62 SB: 00:33.16 Aartselaar 25/04/2026				
	2 5 M	5 0 M						
PB		00:32.07						
	00:32.07							
								

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11+				Heat:2, starttime: 17:35	
Heat: 2/3 Lane : 4 Athlete: DE VISSER SAM				Q-time: 00:29:09	
PB (25m pool): 00:29.09 Aarschot 28/07/2025				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M			
PB		00:29.09			
		00:29.09			
					

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+				Heat:2, starttime: 17:35	
Heat: 2/3 Lane : 5 Athlete: BEGUE MILANN				Q-time: 00:29:18	
PB (25m pool): 00:29.18 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 00:29.22 SB: 00:29.18 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M			
PB		00:29.18			
		00:29.18			
					

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN 11+				Heat:2, starttime: 17:40	
Heat: 2/3 Lane : 5 Athlete: VANLOMMEL LUISA VALENTINA				Q-time: 01:02:69	
PB (25m pool): 01:02.69 Herentals 09/05/2026				PB (50m pool): 01:04.02 SB: 01:02.69 Herentals 09/05/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.29		01:02.69	
		00:30.29		00:32.40	
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+				Heat:2, starttime: 17:45	
Heat: 2/4 Lane : 6 Athlete: HUFKENS ILIAN				Q-time: 00:57:29	
PB (25m pool): 00:57.29 Herentals 09/05/2026				PB (50m pool): 00:58.03 SB: 00:57.29 Herentals 09/05/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.50		00:57.29	
		00:27.50		00:29.79	
					

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:3, starttime: 17:45
Heat: 3/4 Lane : 3 Athlete: BEGUE MILANN					Q-time: 00:56:38
PB (25m pool): 00:56.38 Kapellen 30/05/2026					PB (50m pool): 00:57.18 SB: 00:56.38 Kapellen 30/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.23		00:56.38	
	00:27.23		00:29.15		
					

Coach feedback:

Event number: 16: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 18:35	
Heat: 1/1 Lane : 5 Athlete: VAN TILBURG MATTHIAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 18:45
Heat: 2/2 Lane : 6 Athlete: MAES JULIE					Q-time: 01:20:97
PB (25m pool): 01:20.97 Herentals 09/05/2026					PB (50m pool): 01:24.60 SB: 01:20.97 Herentals 09/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.47		01:20.97	
	00:37.47		00:43.50		
					

Coach feedback:

Event number: 19: 50M FREESTYLE WOMEN 11+					Heat:2, starttime: 18:50
Heat: 2/3 Lane : 5 Athlete: WANTER ANN					Q-time: 00:29:34
PB (25m pool): 00:29.34 Aarschot 28/07/2025					PB (50m pool): 00:29.94 SB: 00:29.87 Stedelijk zwembad Geel 14/02/2026
	2 5 M	5 0 M			
PB		00:29.34			
	00:29.34				
					

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 19: 50M FREESTYLE WOMEN 11+						Heat:2, starttime: 18:50	
Heat: 2/3 Lane : 7 Athlete: VANLOMMEL LUISA VALENTINA						Q-time: 00:29:79	
PB (25m pool): 00:29.79 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:29.80 SB: 00:29.79 Stedelijk Zwembad Geel 15/02/2026							
	2 5 M		5 0 M				
PB			00:29.79				
	00:29.79						
							

Coach feedback:

Event number: 20: 50M FREESTYLE MEN 11+						Heat:3, starttime: 18:55	
Heat: 3/4 Lane : 7 Athlete: DE VISSER SAM						Q-time: 00:27:19	
PB (25m pool): 00:27.16 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:28.07 SB: no time							
	2 5 M		5 0 M				
PB			00:27.16				
	00:27.16						
							

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 19:00	
Heat: 1/1 Lane : 4 Athlete: HUFKENS ILIAN							Q-time: 02:17:81	
PB (25m pool): 02:17.81 Kapellen 30/05/2026							PB (50m pool): 02:24.03SB: 02:17.81 Kapellen 30/05/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.56		01:06.24		no time		02:17.81
	00:31.56		00:34.68					
								

Coach feedback:

Event number: 25: 100M BUTTERFLY WOMEN 11+							Heat:1, starttime: 19:10	
Heat: 1/1 Lane : 5 Athlete: WANTER ANN							Q-time: 01:10:47	
PB (25m pool): 01:09.91 Antwerpen 02/11/2019							PB (50m pool): 01:10.80SB: 01:10.47 LEUVEN 22/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:09.91				
	no time							
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 28: 200M FREESTYLE MEN 11+							Heat:2, starttime: 19:25	
Heat: 2/2 Lane : 7 Athlete: BEGUE MILANN							Q-time: 02:03:95	
PB (25m pool): 02:03.95 Kapellen 30/05/2026				PB (50m pool): 02:09.77 SB: 02:03.95 Kapellen 30/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.07		01:00.61		no time		02:03.95
	00:29.07		00:31.54					
								

Coach feedback:

Event number: 29: 100M BACKSTROKE WOMEN 11+							Heat:2, starttime: 19:30	
Heat: 2/2 Lane : 3 Athlete: VANLOMMEL LUISA VALENTINA							Q-time: 01:12:10	
PB (25m pool): 01:12.10 Herentals 09/05/2026				PB (50m pool): 01:15.68 SB: 01:12.10 Herentals 09/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.87		01:12.10				
	00:34.87		00:37.23					
								

Coach feedback:

Event number: 29: 100M BACKSTROKE WOMEN 11+							Heat:2, starttime: 19:30	
Heat: 2/2 Lane : 5 Athlete: MAES JULIE							Q-time: 01:11:40	
PB (25m pool): 01:11.40 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): 01:13.95 SB: 01:11.40 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.00		01:11.40				
	00:34.00		00:37.40					
								

Coach feedback:

Event number: 30: 100M BACKSTROKE MEN 11+							Heat:1, starttime: 19:35	
Heat: 1/1 Lane : 3 Athlete: HUFKENS ILIAN							Q-time: 01:03:47	
PB (25m pool): 01:03.47 Herentals 09/05/2026				PB (50m pool): 01:05.51 SB: 01:03.47 Herentals 09/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:30.85		01:03.47				
	00:30.85		00:32.62					
								

Coach feedback:

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Event number: 30: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 19:35	
Heat: 1/1 Lane : 4 Athlete: VAN TILBURG MATTHIAS				Q-time: 00:58:02		
PB (25m pool): 00:58.02 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:01.36 SB: 00:58.02 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:27.81		00:58.02		
	00:27.81		00:30.21			
						

Coach feedback: